



SHEFFIELD PRESCHOOL PROGRAM



Daily Schedule – September 2010

- 8:00 – 9:00 a.m.** Set up for morning activity and snack, and welcoming early arrivals.
- 9:00 – 10:25** Arrival, free play, and/or structured activity with a teacher. Parents are invited to spend time with the children reading books, playing games, etc.
- 10:25** Clean-up.
- 10:30 – 11:00** Snack outside whenever possible: crackers, bread, fresh and dried fruit, cheese, water, etc. *This is the time we celebrate birthdays and graduations.*
- 10:30 – 1:00 p.m.** Free play outside: Running, jumping, climbing, sand box, riding cars, dancing, balls, games, painting, arts and crafts, finger-painting, reading, storytelling, manicures, continuing the morning projects, and whatever we and the children can think of.
- 11:45 – 12:30** Circle and movement: Greetings, announcements, yoga, songs, fingerplays, musical instruments, dancing to music with or without scarves, storytelling, books, etc. Most of our circle activities are curriculum related.
- 12:30 p.m.** Lunch, outside if possible.
- 1:00** Pick-up for morning children. It is especially important for parents to pick up on time on rainy days!
- 1:00 – 3:00** Naptime. We play story tapes until 2:15 or so, then music until everyone is up.
- 2:30 – 3:30** Wake-up and quiet free play inside or active play outside.
- 3:30 – 4:00** Snack: Same as in morning, but with additional hot foods such as macaroni and cheese, hot dogs, quesadillas, and a variety of fruits and vegetables.
- 4:00 – 4:30** Second circle, Monday – Thursday.
- 4:30 – 5:30** Free play with games, reading, and art projects inside and/or outside, depending upon the weather.
- 4:30 – 5:30** Pick-up, although parents can always pick up their children at any time.
School closes promptly at 5:30. Please arrive by 5:20 p.m. to allow for a smooth transition from school to home for your child.

Note: This schedule is subject to daily, monthly, and yearly change.